All of our products are made with exceptional care and attention to quality.

Since 1905, Boar’s Head has been a family business. In the beginning we had a very simple idea. Make the finest cold cuts possible. Nothing less.

We still insist on the same unwavering commitment to those standards we established long ago. Our meats and cheeses contain no gluten*, artificial colors or flavors, added MSG, fillers or by-products, or trans fat†.

To this day, we start with exceptional ingredients: whole muscle beef, pork and poultry, hand cut and hand trimmed, as well as spices sourced from around the globe. This is how we did it in the beginning and how we continue to make our products today.

Boar’s Head is proud to be the brand in which consumers continue to place their trust.

For additional nutritional information, please call Boar’s Head Brand 1-800-352-6277

Boar’s Head Provisions Co., Inc 1819 Main Street, Suite 800 Sarasota, FL 34236

* All Boar’s Head meats, cheeses, spreads and condiments are gluten free.
† From partially hydrogenated oils.

Information in the brochure is subject to change without notice.
**BOAR’S HEAD IS PROUD TO OFFER A COMPLETE LINE OF LOWER SODIUM MEATS AND CHEESES.**

### PREMIUM MEATS • 2 OZ (56g) SERVING UNLESS NOTED

<table>
<thead>
<tr>
<th>MEAT TYPE</th>
<th>SODIUM (mg)</th>
<th>% DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Salt Added Roast Beef</td>
<td>40mg</td>
<td>2%</td>
</tr>
<tr>
<td>Deluxe Low Sodium Roast Beef</td>
<td>80mg</td>
<td>3%</td>
</tr>
<tr>
<td>Simplicity® All Natural® Oven Roasted Beef</td>
<td>140mg</td>
<td>6%</td>
</tr>
<tr>
<td>33% Lower Sodium Bologna</td>
<td>360mg</td>
<td>15%</td>
</tr>
</tbody>
</table>

### HAM

- 42% Lower Sodium Branded Deluxe Ham
  - Water Added
- Uncured Ham Steak
  - 27% Lower Sodium
- SmokeMaster Beechwood Smoked® Black Forest Ham
  - With Natural Juices - 31% Lower Sodium

### TURKEY

- 46% Lower Sodium Turkey Breast
- Ovengold® Turkey Breast
  - 46% Lower Sodium
- Hickory Smoked Black Forest Turkey Breast
  - 40% Lower Sodium
- No Salt Added Turkey Breast
- Mesquite Wood Smoked® Turkey Breast
  - 32% Lower Sodium
- Golden Catering Style Turkey Breast
  - 43% Lower Sodium

### CHICKEN

- Golden Classic® Chicken Breast
  - 42% Lower Sodium

### PREMIUM CHEESES • 1 OZ (28g) SERVING

<table>
<thead>
<tr>
<th>CHEESE TYPE</th>
<th>SODIUM (mg)</th>
<th>% DV</th>
</tr>
</thead>
<tbody>
<tr>
<td>44% Lower Sodium Provolone Cheese</td>
<td>140mg</td>
<td>6%</td>
</tr>
<tr>
<td>Lacey Swiss Cheese</td>
<td>35mg</td>
<td>2%</td>
</tr>
<tr>
<td>Low Sodium Muenster Cheese</td>
<td>75mg</td>
<td>3%</td>
</tr>
</tbody>
</table>
| Imported Switzerland Swiss® Cheese
  - Product of Switzerland | 60mg | 3% |

### 33% Lower Fat & 36% Lower Sodium American Cheese

- Reduced Fat Pasteurized Process American Cheese
  - 300mg | 13% |

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1. 31% less sodium than the USDA data for extra lean roasted ham.
2. Naturally low in sodium.
3. Not a sodium-free food.
4. 46% lower sodium than USDA data for deli cut white rotisserie turkey.
5. 43% lower sodium than USDA data for deli cut white rotisserie turkey.
6. 23% lower sodium than USDA data for bologna.
7. 42% lower sodium than USDA data for regular boneless roasted ham.
9. 40% lower sodium than USDA data for smoked turkey with lemon pepper flavor.
10. 40% lower sodium than USDA data for beef frankfurters.
11. 32% lower sodium than USDA data for smoked turkey with lemon pepper flavor.
12. 42% lower sodium than USDA data for oven roasted deli sliced chicken breast.
13. 44% lower sodium than USDA data for regular provolone cheese.
14. 36% less sodium 33% less fat than the USDA data for pasteurized process american cheese.
15. 54% lower sodium than data for prepared yellow mustard.
16. No artificial ingredients, minimally processed.
17. 27% lower sodium than USDA data for Ham Steak.

DV = Daily Value

11/2019

*No artificial ingredients, minimally processed.*